



Message from the Deputy Secretary

Welcome to our August edition of *Actively In Touch!*

As we get ready to say goodbye to winter and hello to spring, the opportunities to get outside and be active become more exciting with longer and slightly warmer days.

In this issue, we congratulate Jessica Blake and Abbey Savage who were recently announced as being successful in gaining a Women in Sport Coaching Scholarship, a collaboration between the Tasmanian Institute of Sport and Womensport and Recreation Tasmania.

It was also fantastic to see Tasmanian Rebecca Van Asch named captain of the Australian Jackaroos team to compete in the World Bowls Challenge later this year.

I encourage anyone with a story to share, to please email sportrec@communities.tas.gov.au

Kate Kent

Deputy Secretary, (Communities, Sport and Recreation)



Women in Sport Coaching Scholarships announced

Two female Tasmanian coaches will have the opportunity to develop their skills and gain national experience as part of the Women in Sport Coaching Scholarships (WCS). Jessica Blake (hockey) and Abbey Savage (swimming) have been announced as the successful recipients for 2019-20, following the inaugural launch of the scholarship last year.

The WCS is a partnership between Womensport and Recreation Tasmania and the Tasmanian Institute of Sport (TIS) aimed at providing quality coaching opportunities to women and increasing the number of female coaches in Tasmania. The scholarship targets individuals who might not otherwise be able to access high quality coach education and development opportunities through financial constraints or those who are from rural communities.



The WCS provides both financial assistance and mentoring support to successful applicants, by providing them with hands on coaching, education and development opportunities. This includes the utilisation of sports psychology, integration of current technology practices within their programming and daily training environment, exposure to national camps and involvement with high performance teams.

Womensport and Recreation Tasmania president Dana Faletic is pleased to continue the partnership with the TIS to offer support to female coaches. Ms Faletic said "In coaching, as in many other areas, women face barriers to participating. These range from personal barriers, such as lack of time, to structural barriers, such as lack of female role models in their sport. If we can help increase the number and calibre of female coaches, that's a win for other young women aspiring to be involved in sport."

Photo: Sarah Courtney MP, Minister for Women, Abbey Savage, Jessica Blake and Jeremy Rockliff MP, Minister for Sport and Recreation

Rebecca Van Asch to captain Australia

Tasmania's multiple world and Commonwealth champion Rebecca Van Asch is looking to create history by becoming just the third person to record three straight titles at the Australian Indoor Championships this month.

As reigning champion Van Asch gained automatic qualification but knows that she will be the hunted. "It has been a bit of a



happy hunting ground for the last couple of years and I know that I'll be going in as the hunted, going in with the last two wins. So we'll see what happens." she said.

Van Asch will then captain Australia in the inaugural World Bowls Challenge in Victoria from 29 November 2019. A 10-strong Jackaroos team will host Team World in the new marquee international event.

Photo: *Rebecca Van Asch in action.*

Royal Life Saving Learn to Swim and Water Safety Program

Royal Life Saving Tasmania, with assistance through Communities, Sport and Recreation's 2019 State Grants Program, is supporting 185 children living in out-of-home care to access ten Learn to Swim sessions.



Children who are in Prep, Grade 1 and Grade 2 in 2019 and living in out-of-home care are being invited to take part, as are parents and carers who can attend workshops to learn about the delights and dangers of water in and around the home, parks and inland waterways.

Over the past 15 years, 704 children under the age of 18 have drowned in Australia. This staggering statistic reminds us all that supervision and risk management are paramount in ensuring the safety of young people when in and around the water.

A resource guide has been developed to make sure carers are able to implement simple strategies and actions around any aquatic environment to keep their family and friends safe.

The message to all parents and carers from Royal Life Saving is 'Keep Watch' by ensuring that children are actively supervised at all times. In addition, children should be taught water awareness and swimming skills to build their confidence around water.

The Learn to Swim programs are being offered in the North, North West and South of Tasmania. For more information, contact Royal Life Saving Australia - Tasmania Branch Projects and Programs Manager on (03) 6243 7588 or email karinasiggins@royaltas.com.au

Rugby Union #Goldblooded Tour of Tasmania

Tasmanians were invited to join the #GoldBlooded tour last month when Classic Wallabies Rugby Union representatives visited the state. The tour was part of a national campaign to promote the sport, share the spirit of Rugby and build hype ahead of the 2019 Rugby World Cup.

Former Wallaby greats Morgan Turinui and Steve Kefu hosted free clinics at schools and clubs across the state, kicking off on the beach at Burnie and then heading to Devonport and Launceston where the stars were inundated by fans. Hobart attracted the largest crowd, with children lining up for autographs and photos with their favourite Rugby players.

A trip to the snow on Kunanyi with Wally the Mascot attracted nation-wide attention on the Qantas Wallabies social channels. Morgan Turinui was delighted Tasmanians welcomed the players so warmly. "It was fantastic to engage with the strong rugby community down there" he said. "We wanted to pass the passion and fantastic tapestry of the Rugby family onto Tasmanians - in particular those who have never experienced Rugby or were wanting to be part of something special."

"We witnessed the ripple effect on local communities from having ex-World Cup Wallabies visit, and seeing players interacting with parents and their children and realising there was a golden thread running through all of us. Australian communities continue to be the lifeblood of the Australian Rugby identity and to get the opportunity to put smiles on people's faces and invite them on the #GoldBlooded journey was a great experience for all of us."

The tour wrapped up in Perth right before the Wallabies defeated the All Blacks in a blockbuster Bledisloe Cup performance.

For further information about Rugby Union in Tasmania, visit [Rugby Tasmania](#).



Reclink Football Series

Reclink Tasmania has been running football matches in the South East of Tasmania for 10 years. This has given students at five High Schools the opportunity to compete in a structured sports program who are disadvantaged by living in remote locations and a lack of competitive sport at their schools.



Geographical disadvantage is a major barrier to participation in sport and recreation and the resulting impact of this activity on health along with social and economic outcomes can be significant.

The program which has been implemented in the Derwent Valley includes students from the New Norfolk, Jordan River and Glenora District High Schools. On Wednesday 14 August, over 40 students from these schools played in a regional match where a combined team from Glenora and Jordan River played New Norfolk. Students were transported by Bridgewater and New Norfolk PCYC's and were provided a BBQ lunch after the match.

This program has also been held at Primary School level in the Bridgewater and Gagebrook areas with matches being held every fortnight to give those students some purpose in their school weeks. Feedback has shown students were more engaged in class and attendance levels increased.

Photo: *participants from the Reclink football series*

Throw, Huck, Layout, Sky, Catch, Score

Confused? Then you obviously weren't following the recent 2019 Asia-Oceanic Ultimate and Guts Championships (UGC) at the Shanghai Luwan Sports Centre in China. The championship ran from 23 - 27 July, and Australia entered national teams in three divisions.



The women's Firetails side were coached by Tasmanian Ultimate Frisbee coach Steven Wright and lost to Japan 12 -15 in the final. Steven Wright is based in Hobart and is a former Australian Junior representative.

For those unfamiliar with the games of Ultimate and Guts, both games are self-refereed, fast paced sports played with a disc. In Ultimate, the basic aim is for the team with the disc to pass it up the field to others on their team and complete a pass into the end zone. At the same time the defensive team is trying to intercept it or knock it down. If they succeed, they get possession of the disc and try to score in the other end zone.

Guts is also a sport where teams alternate between throwing a disc as hard as they can, with the objective being the first team to reach 21 points. To start play, each team lines up facing each other 14 metres apart. Play is accomplished by a player attempting to throw the disc toward the opposing team and within reach of at least one player of that team, in such a way that the opposing team cannot make a clean catch. Scoring is contingent on the success or failure of throwing team. A good throw without a catch results in a point for the throwing team and a bad throw a point for the receiving team.

Further information about these sports can be found on the [Australian Flying Disc Association website](#).

Play by the Rules Awards 2019

The Good Sports Awards recognise the inspiring Good Sports clubs and passionate volunteers that are committed to making their communities the best they can be.

**GOOD SPORTS
AWARDS 2019.**
NOMINATE YOUR CLUB TODAY



Good Sports clubs are community champions who are shaping bright futures for their clubs and members on and off the field, by creating healthier, more family-friendly club environments where everyone feels welcome.

The Good Sports Awards give the opportunity to give back to the clubs and people who give their all. Share your club's story to be in with a chance of being one of this years award winners.

Nominations for the 2019 Good Sports Awards close on 30 September 2019.

For more information and to view the categories, visit the [Good Sports website](#).

Get Moving Tasmania Local Government Forum

You are invited to a **FREE** information forum specifically tailored for **local government** and available to interested **community organisations**.

The forum will showcase a range of sport, recreation and physical activity initiatives and services to encourage and support local government representatives and community organisations to offer opportunities for people to participate.



Date: Tuesday 3 September 2019

Time: 10.00am - 2.45pm

Venue: Pembroke Park, Sorell

RSVP: Friday 30 August 2019

Contact Matthew Abey on 6165 5081 or email Matthew.Abey@communities.tas.gov.au to secure your spot.

A copy of the agenda for the day can be found [here](#).

Play by the Rules Launches New Online Inclusive Coaching Course

Play by the Rules' new Inclusive Coaching online course was released at the National Sports Convention in Melbourne last month. The course teaches the following:

- What inclusion and diversity means for individual sports;
- What discrimination means under the law; and;
- How to apply a framework to modify and adapt sports to suit individual needs.



Play by the Rules course partners Tennis Tasmania, Special Olympics Australia, AFL Victoria and Vicsport have developed the interactive resource and look forward to feedback from the sector about the course.

The Inclusive Coaching course can be found on the [Play by the Rules website](#) and is ideal for State, regional and local sporting organisations and clubs to complement existing coach education.

Play by the Rules is a unique collaboration between Sport Australia, the Australian Human Rights Commission, all State and Territory anti-discrimination and human rights agencies, the Office of the Children's Guardian NSW and the Anti-Discrimination Board of NSW. These partners promote Play by the Rules through their networks, along with their own child safety, anti-discrimination and inclusion programs.

A wide variety of information, resources, tools and free online training is available to increase the capacity and capability of administrators, coaches, officials, players, parents and spectators to assist them in preventing and dealing with discrimination, harassment, child safety, inclusion and integrity issues in sport. All of the Play by the Rules resources are free.

MPIO Workshops - Launceston and Penguin

Member Protection Information Officer's (MPIOs) are a proactive way of managing the rights of members in your sport. Having a dedicated person who is well versed with your sport's member protection policy can be a pre-emptive strategy in managing concerns, complaints and member protection matters.



MPIOs advise club members on their rights and can provide guidance on complaint procedures. Every sport should consider having at least one trained MPIO in each region. Larger sports may require one per affiliate.

There are three steps to becoming a nationally recognised MPIO:

1. Complete a pre-requisite MPIO online course through the [Play by the Rules learning portal](#)
2. Complete a face-to-face MPIO workshop - see below
3. Register as an MPIO through [Play by the Rules](#)

Sport and Recreation will be conducting two MPIO face-to-face workshops:

- **Launceston** - 5.45pm-9pm Wednesday 11 September, Silverdome, register by [clicking on this link](#).
- **Penguin** - 5.45pm-9pm Thursday 12 September, Penguin Football Club, [register by clicking on this link](#).

For further information please contact Al Adams on 6165 5094 or by emailing al.adams@communities.tas.gov.au.

Marketing Tasmania Grants

Applications for Events Tasmania's Marketing Tasmania grants are now open for events taking place in 2020.

Marketing Tasmania grants offer up to \$10 000 on a matched funding basis to organisers of events in Tasmania.

Marketing Tasmania grants will support events to approach and attract a specific target market to bring more people to Tasmania, get more visitors and locals travelling around the state and get people talking about Tasmania as a destination.



Marketing Tasmania grants are assessed in a competitive grants process.

Applications close at 11.30pm on 30 September 2019.

For more information about the Events Tasmania Grants Program including eligibility criteria, full guidelines and application details, visit the [Events Tasmania website](#) or call (03) 6165 5022

Healthy Tasmania Fund - Applications Open

Applications for the Healthy Tasmania Fund are now open!

For more information, including the guidelines and how to apply, visit the [Healthy Tasmania website](#).

The Healthy Tasmania Fund will provide grant funding to community organisations to improve health and wellbeing of their communities.



Grants of up to \$200,000 will be available for projects or initiatives up to two years in duration, with a focus on the following areas:

- reducing smoking;
- reducing obesity and the levels of overweight Tasmanians; and
- improving healthy eating and/or physical activity

Applications close on 30 August 2019.

Community Defibrillator Fund

Applications for the second round of Ambulance Tasmania's Community Defibrillator Fund for a further 90 Automatic External Defibrillators (AEDs).

The Tasmanian Government is offering community groups, individuals and not-for-profit organisations the chance to apply for 90 AEDs for the benefit of their local communities.



Ninety AEDs from the first round of applications have already been delivered around Tasmania.

AED applications will be assessed on location and accessibility, willingness to maintain, registering and preparedness to respond as part of Ambulance Tasmania's Early Access to Defibrillation Program.

The probability of surviving a cardiac arrest declines between seven and 10 per cent with each passing minute.

Early access to a defibrillator is critical and can save someone's life.

The AED is very easy to use and has audio to talk you through the procedure.

Applications close 13 September 2019.

For more information is available on the [Department of Health and Human Services website](#).

Sports Integrity Matters

The National Integrity of Sport Unit, the Sport Integrity Taskforce, the Australian Sports Anti-Doping Authority, and Sport Australia have collaborated to produce a new bi-monthly publication - Sport Integrity Matters.



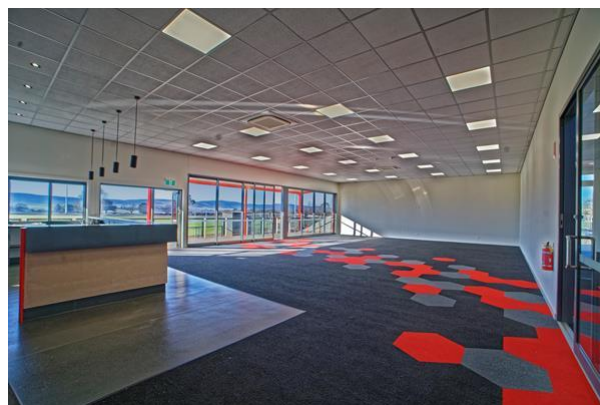
Issues covered include match fixing and gambling, anti-doping, member protection, strengthening sport capability and the progress of the Australian sport integrity reforms such as the National Sports Tribunal and Sport Integrity Australia. The aim of the publication is to provide National Sporting Organisations and other sport integrity stakeholders with a streamlined source of sport integrity information.

If you are interested in receiving this publication, please email sport.integrity.matters@health.gov.au

Campbell Town War Memorial Oval Multi-Function Centre

The newly constructed Campbell Town Memorial Oval Multi-function centre is open and available for hire.

The complex features change rooms, clubrooms, meeting room, commercial kitchen and function space. The facility includes the Campbell Town Swimming Pool (summer months only), tennis courts and recreations ground which are available for hire.



Campbell Town is located 50 minutes' drive from Launceston and one and half hours from Hobart, making it the perfect location for meetings, conferences or sporting events.

For all enquiries, please contact Northern Midlands Council on 0456 996 809.

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