



Message from the Deputy Secretary

Welcome to our May edition of *Actively In Touch!*

In this edition, we celebrate the first all-female referee team to officiate a National Premier League game in Tasmania. We also feature the positive news that participation at the East Devonport Swans Football Club has increased with the help of Ticket to Play vouchers.

Please find details in this issue about how to register for upcoming forums and conferences or to nominate for a range of awards that are open.

Happy reading,

Kate Kent

Deputy Secretary, (Communities, Sport and Recreation)



All Female Referee Team Makes History

For the first time in Tasmania, an all-female referee team officiated a National Premier League football game. Tasmania is the second state in Australia, after Queensland, to have a National Premier League football game officiated by three female match officials.

Lauren Hargrave refereed alongside two assistant referees, Claire Green and Emma Hall.



"It was great, everyone deserved to be there. It's great to see women progressing in football in general. When I was first getting into refereeing, we had some female referees come down and referee a Lakoseljac Cup Final, so that was inspirational to me", Lauren said. Lauren hopes it will inspire other females to become referees.

Referee's Development Manager Tony Peart said that he held all the referees in high esteem and they had all earned their place. "Lauren has really progressed strongly with her refereeing since departing the State, so I am excited to see her take charge of the game on Saturday and show her development."

"Claire and Emma have been strong performers for us locally this year and are two people we are looking to push, as I feel they have the potential to follow a similar pathway to Lauren and move to the next level", Tony said.

Tony hopes that this milestone will inspire more female referees to take up the whistle, as it shows that gender is no barrier when it comes to taking charge of a game.

Photo: *Claire Green, Lauren Hargrave and Emma Hall.*

East Devonport Swans Football Club Kicking Goals

East Devonport Swans Football Club has experienced an increase in people signing up to play football since the launch of the Tasmanian Government's Ticket to Play program earlier this year. Ticket to Play provides eligible children with a voucher worth up to \$100 to reduce the cost of sport registration fees.



East Devonport's Junior Club President, Chris Young says that the club has not had junior players for about three years. This has been due to a range of factors, including the cost of registration and a lack of transport options.

This season, the club is rebuilding all of its junior teams (Under 12, 14, 16 and Youth Girls). It is anticipated that around half of the players will be using Ticket to Play vouchers to help with the cost of registration. The club is committed to ensuring that everyone in the community can participate and enjoy the benefits of sport.

For more information about Ticket to Play please visit the [Communities, Sport and Recreation website](#).

Photo: *East Devonport Football Club players.*

ParaQuad Tasmania 2019 Boccia State Titles

ParaQuad Tasmania hosted the 2019 Boccia State Titles at Elphin Sports Centre in Launceston on 30-31 March. Nine athletes from across Tasmania, along with three athletes from interstate, contested a red robin competition followed by semi-finals and medal rounds.

The crowd saw some fantastic shots from all the athletes. Phil Bates from New South Wales was a standout in the BC4/5/Emu classification, not only for his skill with the boccia balls but also for his encouragement of fellow competitors. Heath Mollineaux competed in the state titles for the first time after taking up boccia and won a bronze in the BC3 classification. This was a great achievement, considering his father was his ramp assistant and had just two practice sessions before the event.



After the medal games the athletes divided into teams, with one athlete from each classification in each team. The competitions were played in a friendly manner but were also very competitive. The event would not be possible without the support of volunteer referees. A huge thank you to Ro, Saskia, Lucy, Robyn, Ka and Heike.

Photo: *ParaQuad Tasmania Boccia State Championships participants.*

Parks and Leisure Australia Regional Awards 2019

Communities, Sport and Recreation staff, Alana Fazackerley and Morgan Kent, attended the Australian Parks and Leisure (Vic-Tas Region) Conference in Cape Schanck Victoria on 16-17 May. The conference brought together professionals in the sport, recreation and leisure sectors across Victoria and Tasmania.

The conference presented a range of projects, research and policy work on sports, parks, recreation and leisure.



Presentations highlighted fantastic work including: the development or renovation of appropriate club rooms or change rooms to make sports clubs more inclusive and safe for women and girls, the development of action plans to include and develop women and girls sporting opportunities and participation research which informs these projects.

The conference included the Urban Maintenance Systems Awards of Excellence Dinner showcasing creative, sustainable and innovative projects in sport, recreation and leisure hosted by world champion netball player, Bianca Chatfield. Three Tasmanian projects were nominated for awards: the Cataract Gorge Playspace Redevelopment (City of Launceston), the Hobart Legacy

Park (City of Hobart) and Legacy Park Playspace (City of Hobart). The City of Hobart's Legacy Park received a high commendation in the Park of The Year Award.

In an engaging opening keynote address, Jude Munroe shared her years of experience as an innovator and leader in parks, leisure and recreation across the public and private sectors. The closing keynote address from tennis champion Jelena Dokic made for an inspiring finish to the conference. The conference was a great opportunity to learn more about the important role of sport and active recreation in our communities.

Photo (from left to right): *Matt Jordan (City of Launceston Project Officer Natural Environment) Jess Nesbitt (City of Launceston Waste & Environment Officer) Tracey Kelly (West Tamar Council, Recreation Officer) Alana Fazackerley (Communities, Sport and Recreation Client Manager) Fabio Pizzirani (Devonport City Council Sport & Recreation Development Coordinator) Morgan Kent (Communities, Sport and Recreation, Project Manager Participation).*

AFL Tasmania Visits King Island

A contingent of AFL Tasmania team members travelled to King Island in late April to connect with the local football community. With a population of 1,500 people, the three-team King Island Football Association is Australia's smallest football competition. The Currie Robins, North Bulldogs and Grassy Hawks are all key pillars in the King Island community.



Community Football Manager Andrew Dykes, Umpire Development Coordinator Sam Bridges, North West Football

Development Manager Barry Gaby, North West Talent Manager Jamie Hayward and Community Football Development Officer Emma Humphries spent two days on King Island and met with key stakeholders to learn more about the role of football in the community.

The team visited the King Island District High School to run a series of football skills and umpiring sessions with local students. The team also visited two grounds in Currie and Grassy to hear about the administrative and infrastructural needs of the local football community.

A seminar about AFL Tasmania's strategy for community football and umpiring/talent pathways was also run, with over 30 stakeholders in attendance.

Photo: *from left to right, Sam Bridges (Umpiring Development Manager), Emma Humphries (Community Football Development Officer), Jan Van Ruiswyk (King Island Football Association Treasurer), Tom Harris (Grassy FC President), Jamie Hayward (North West Talent Manager), Barry Gaby (North West Football Development Manager).*

Are You Or Is Someone You Know Considering Using A Supplement?

Did you know that supplements are one of the leading causes of failed anti-doping tests in Australia?

Approximately one athlete tests positive every month. ASADA's advice to all those in the sport sector is to only use supplements that have been screened for prohibited substances by an independent company such as [HASTA](#) or [Informed Sport](#).

However, you can never be 100% sure that a supplement is safe due to the potential risk of contamination. Therefore, the only way to be 100% safe, is to take zero supplements.



So what are supplements?

Supplements include a broad range of nutritional products such as:

- vitamins
- minerals
- herbs
- meals supplements
- sports nutrition products
- natural food supplements

What are the consequences of using a prohibited substance?

Athletes may receive a ban of up to four years. This penalty may be imposed regardless of whether the supplement was used intentionally, or unintentionally. Under the World Anti-Doping Code, athletes are subject to strict liability - meaning that an athlete will be responsible for any substance in their body, regardless of how it got there. Even if the substance is not listed on a label, you are still responsible.

Where can I find more information?

For more information about prohibited substances, you can access ASADA's new Clean Sport app by visiting the [ASADA website](#). The app has a list of every supplement sold in Australia. The app also provides educative resources about anti-doping and has a mechanism for people to anonymously report doping.

For more information about the Clean Sport app or prohibited substances, please visit [ASADA's website](#).

Community Sport Forum: Money in Sport - Easy, Safe and Profitable

Communities, Sport and Recreation is hosting three FREE regional forums in June for sporting clubs and associations to provide information about financial management and fundraising.



Key note presenters from the [Australian Sports Foundation](#), [Accru](#) and [Communities, Sport and Recreation](#) will provide you with easy to understand information and tools to enhance fundraising and financial management at your club.

This event is a must for committee members, treasurers and fundraising coordinators at all levels of sport. Forums will be held in the following locations:

Hobart

Date: Monday 17 June 2019

Time: 6 pm – 9 pm

Venue: Ricking Ponting Room, Blundstone Arena, 15 Derwent Street, Bellerive

Register for the Hobart event [here](#).

Launceston

Date: Tuesday 18 June 2019

Time: 6 pm – 9 pm

Venue: Silverdome, 55 Oakden Road, Prospect

Register for the Launceston event [here](#).

Penguin

Date: Wednesday 19 June 2019

Time: 6 pm – 9 pm

Venue: Penguin Football Clubrooms, 11 Sports Complex Avenue, Penguin. Register for the

Penguin event [here](#).

For further information phone 1800 252 476 or email sportrec@communities.tas.gov.au.

Get Moving Tasmania Physical Activity Award - Nominations Open

The 2019 Tasmanian Community Achievement Awards are now open. Why not consider nominating for the Get Moving Tasmania Physical Activity Award?

The Get Moving Tasmania Physical Activity Award acknowledges the important role not-for-profit community organisations play in promoting and providing opportunities for physical activity.



Physically active communities are inclusive, healthier and happier. Regular physical activity is a major contributing factor in preventing a number of chronic diseases and can benefit both physical and mental health.

The Get Moving Tasmania Physical Activity Award recognises programs, services and projects that increase, improve or provide physical activity participation opportunities in communities.

We encourage not-for-profit organisations to submit an entry, or if you are aware of a not-for-profit organisation doing great things in the physical activity space, you can nominate it yourself.

Nominations close on 14 August 2019. To enter or view more information visit the [Community Achievement Awards website](#).

Prevention in Practice Conference

The Alcohol and Drug Foundation is hosting Australia's first conference dedicated to the prevention of alcohol and other drug harms in Melbourne on June 24 and 25.



The conference will include local and international presenters who will share their expertise on community-led action on alcohol and other drugs.

The conference is aimed at community leaders, health workers and anyone who is passionate about prevention strategies in the alcohol and drug sector. The conference themes will include:

- The impact of sport in alcohol and drug prevention
- The role of peers in protecting people from alcohol and drug related harms
- Prevention in Aboriginal and Torres Strait Islander communities

The keynote speakers will include representatives from Planet Youth - Iceland's hugely successful program to combat teenage smoking, drinking and drug use; Professor John Toumbourou from Deakin University, who will outline the Communities That Care program and discuss how it applies in Australia; and Professor Maree Teesson (AC), Director of the Matilda Centre for Research in Mental Health and Substance Abuse who will present Climate Schools and Positive Choices.

Registration for a reduced price early bird ticket is now open. Please visit the [Alcohol and Drug Foundation website](#) for more information and to book a ticket.

Is Your Sport Looking for Board Members or Are You Looking for a Board Role?

Sport Australia has created a National Sports Directorship Register to link high quality candidates with director positions on the boards of sporting organisations. The register is open to anyone who is interested in becoming a director of a sporting entity.

What is required to register?

Candidates will need to indicate their relevant skills by completing an online application. Candidates will be notified when a sporting organisation has a vacancy requiring the relevant skills. If the candidate is interested, they will need to engage with the nomination process of that sport.

Who is eligible to register?

To be eligible to register, candidates must:

- be aged 18 years and over
- be an Australian citizen
- not have been declared bankrupt

How can I register a director vacancy?

If your sporting organisation has a director vacancy, you can list it on the register. You will need to provide details about the vacancy and the relevant skills and experience required for the job.

For more information and to access the register please visit the [Sport Australia website](#).



Embracing Opportunities in the Workforce

A free workshop developed by the Athlete Wellbeing and Engagement Program at the Tasmanian Institute of Sport called 'Embracing Opportunities in the Workforce' will be offered in Launceston and Hobart in June.

The workshop is aimed at parents and athletes currently attending years 10-12, at University or undertaking a gap year. The session intends to provide career guidance by focussing on the following three areas:

- How careers have changed - planning the future through opportunities
- Athletes wellbeing - life balance, generation, gaps and development



- The role of parents - how you can be involved in guiding your athlete when making choices

Presenters: Christian Ellston and Emma Harris

When: 6-7.30pm

17 June 2019 - Launceston - TIS Silverdome

18 June 2019 - Hobart - Tasmanian Hockey Centre

Please register online by [clicking on this link](#) or by calling Ellie/Lynn on 6165 6630.

Not-For-Profit Treasurers' Awards

Every community organisation understands how much they owe to the person who keeps track of the finances. But they don't often tell them so. The Commonwealth Bank Not-for-Profit Treasurers' Awards are designed to provide that recognition. The winners of the Not-for-Profit Treasurers' Awards are announced at a gala event held during Not-for-Profit Finance Week. This year, you can take part in the 2019 Not-for-Profit Treasurers' Awards in one of two ways:



1. Nominate your treasurer: A great way to show your appreciation, with all nominated treasurers receiving an official Certificate of Appreciation. [Click here to nominate](#).

2. Enter as a not-for-profit treasurer: If you're a not-for-profit treasurer, share your insights for your chance to win one of three \$5,000 cash donations for your not-for-profit. Simply tell us what could make your job as a not-for-profit treasurer have an even greater impact on your organisation. [Click here to enter](#).

This year, judges will be looking for the most original and creative ideas that will help community treasurers have an even greater impact.

Key Dates:

Nominations Open: 20 May, 2019

Nominations Close: 26 July, 2019

Winners announced: During Not-for-Profit Finance Week, commencing 16 September 2019.

One Netball Community Awards 2019

The Australia Post One Netball Community Awards recognise our community's incredible work in creating a safe, inclusive and welcoming environment through netball. Nominations for the 2019 Awards are now open.



In its sixth year, the Awards celebrate our community champions in clubs and associations across the country who go above and beyond to ensure that everyone, of all backgrounds and abilities, are welcome in netball.

Netball Australia CEO, Marne Fechner, said that netball at all levels is making an important contribution to building a more inclusive Australia.

“Netball continues to break down barriers, and we’re seeing brilliant programs implemented in communities across the country; programs that ensure our sport provides a safe and welcoming environment for all people regardless of race, religion or gender,” she said.

“There are so many inspiring stories of clubs, associations and individuals who make a difference. In sharing their stories, we hope we can motivate other clubs and communities to find their own ways to create inclusiveness,” said Ms Fechner.

Nominations are open until 30 June 2019, with one winner from each State and Territory to be chosen and announced on 15 August 2019.

Each winner will receive prizes worth more than \$1,000 including an Australia Post Gift Card for the winners’ club or association, a netball signed by the 2019 Australian Diamonds Team, and a visit from an Australia Post One Netball Ambassador to the club or association.

Please visit the [One Netball website](#) to make a nomination.

National Sports Convention 2019

The 2019 National Sports Convention (NSC) will take place from 23-25 July in Melbourne this year.



The comprehensive program is being driven by Sport Australia, Sport New Zealand, Australia's State and Territory Sport and Recreation Departments, VicHealth and over 20 other sport bodies to align with Sport Australia's SPORT 2030 vision.

NSC 2019 has been re-structured to encourage greater knowledge sharing, increased networking opportunities and more interactive sessions. There will be a dynamic collection of solution providers to connect with, more space for networking, dedicated activation areas and more work areas for delegates to utilise while away from the office.

This year's conference program allows delegates to share one of five key plenary sessions before starting the smaller technical conferences each afternoon. The plenary sessions have been

developed to address some of the industry's key opportunities and challenges that we are facing, including:

Participation – how to encourage more people to be active and achieve their potential.

Facilities – exploring the importance of urban design to create environments for the community to be more active and what community facilities need to look like to encourage greater usage.

Sports Management – growing sports participation requires a greater focus on our customers and how technology can assist us to achieve a greater customer experience.

A Systems Approach – exploring what this will mean for the industry together with an emphasis on evidence-based decision making to collectively achieve greater outcomes.

Diversity and Inclusion – everyone should be able to have an equal opportunity to participate and be leaders in sport.

For more information and to register please visit the [National Sports Convention website](#). Early bird ticket prices finish on 1 June.

Emerging Community Leaders 2020 Program

Emerging Community Leaders brings together the next generation of leaders in Tasmania's community sector, and equips them with the capability to positively contribute as a leader in this sector. The program focuses on leading self, leading others, leading community and leading for lasting impact.



Emerging Community Leaders supports up to 24 participants a year with a focus on increasing their skills in governance, finance, leadership, management, communication, and project management.

Emerging Community Leaders is delivered primarily through a combination of face-to-face sessions, and the supported delivery of a community based project to provide the opportunity to apply and extend learnings. The sessions will be delivered throughout the year comprising 10 days in total. The sessions will be delivered in the South, North and North-West.

The program is open to all Tasmanians and the program is keen to see diversity across the participant group. There is no maximum age requirement but participants must be at least 18 years of age.

Applications for the 2020 program are now open and close on 29 November 2019.

For more information please visit the [Emerging Community Leaders website](#) or contact the Tasmanian Community Fund on 6232 7395 or email admin@tascomfund.org. Applications can be submitted through the Tasmanian Community Fund's grant portal by [clicking this link](#).

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