



## Message from the Deputy Secretary

Welcome to our April edition of *Actively In Touch!*

In this edition we celebrate the success of the Ticket to Play program, which has provided more than 4,500 young Tasmanians with vouchers to reduce the cost of sport registration fees. With winter sport season underway, it's been fantastic to hear of a number of sports having increased participation numbers.

In this edition, we also provide information about the upcoming Member Protection Information Officer workshop taking place in Hobart on 9 May and also coach network forums being held in Hobart and Launceston.

Kate Kent  
Deputy Secretary, (Communities, Sport and Recreation)



## Ticket to Play Vouchers Boosting Community Participation in Sport

The Ticket to Play program was launched in February 2019 and has provided over 4,500 Tasmanian young people aged 5-17 with vouchers to reduce the cost of sport registration fees by up to \$100. The objective of the program is to increase the number of young Tasmanians playing sport.

The Ticket to Play program is helping to bring communities together. The program has helped siblings, Sky and Zac Finlayson join their local soccer club and play alongside their best friends.



Ticket to Play vouchers are available to children who are living in Tasmania, aged between 5-17 and who are listed on a valid Centrelink or Health Care Card or Pensioner Card (either their own parent or guardian) or who are in Out of Home Care.

To find out more about the Ticket to Play Program or to apply for a voucher please visit the [Communities, Sport and Recreation website](#).

**Photo:** Sky and Zac Finlayson with fellow Brighton Storm team members.

## Sport Australia Governance Workshop in Hobart

Representatives from the Tasmanian sporting sector met at Blundstone Arena to participate in a Sport Australia governance workshop on 27 March.

The workshop was facilitated by Kate Corkery and Monica Daley from the Sport Governance and Strategy Team. Staff from Communities, Sport and Recreation and a number of Tasmania's state sporting organisations also participated in discussions on the day.



The purpose of the workshop was for Sport Australia to hear directly from Tasmanian sports about the challenges and benefits of governance practices, and how Sport Australia can invest in and develop governance resources to benefit boards and committees at all levels.

In the final part of the workshop, ideas about how the sector can improve were discussed. A central theme running throughout the workshop was that governance is about people, and good governance ensures good sporting outcomes on and off the field.

This workshop forms part of Sport Australia's national roadshow of governance workshops and Communities Sport and Recreation will share the findings as they become available.

For more information about the Sports Governance principles please visit the [Sport Australia website](#). To view the Tasmanian Good Governance Guidelines for Sporting Organisations please visit the [Communities, Sport and Recreation website](#).

Photo: *Sport Australia Governance Workshop participants.*

## Local Sporting Clubs Unite at Good Sports Forum in Circular Head

More than 25 representatives from Circular Head united at a forum on March 26 to hear about the ways in which sporting clubs can address challenges relating to alcohol, drugs and mental health.



The forum was delivered by the Alcohol and Drug Foundation's Good Sports team in conjunction with Circular Head Council and guest speakers from the Drug Education Network, SPEAK UP! Stay ChatTY and Tasmania Police.

Representatives who attended the form discussed the following:

- Practical steps to advance community health and wellbeing;
- The suite of Good Sports Programs on offer;
- Alcohol and drug issues;
- Local services that can assist community sporting clubs

"Sporting clubs are the beating heart of many communities. They play a vital role in preventing and reducing alcohol and drug related harms", said Daniel Vautin, Community Development Manager at the Alcohol and Drug Foundation.

"The forum enabled club representatives to come together and build networks in the local area and receive the information and expert support they need to address potential issues relating to alcohol, drugs and mental health", Daniel added.

SPEAK UP! Stay chatTY was proud to collaborate with the Alcohol and Drug Foundation for the forum. "By normalising conversations about mental health and equipping clubs with tools and strategies to address mental health issues, we can create resilient and informed communities", said James Rice, Project Officer at SPEAK UP! Stay chatTY.

## Glenorchy Junior Football Club Building A Positive Culture



Glenorchy District Junior Football Club is leading the way by making a long-term commitment to building positive community culture. In collaboration with Good Sports, the club has implemented a junior policy and a code of conduct. These policies aim to reflect the values of respect, inclusivity and 'enjoyment of the game'.

With 14 junior teams and over 200 girls and boys ranging from ages 5-18, the club is one of the largest football clubs in the Southern Tasmanian Junior Football League.



"In our large junior space, we are working on integrating our junior policy and code of conduct into the fabric of our club, in order to create clear expectations of everyone in the club", said Junior Development Officer, Joel Berry.

"We would describe the Good Sports program as an invaluable and supportive resource for clubs to ensure they are providing a safe and inclusive club environment", said Joel. With the senior Glenorchy District Football Club already doing similarly great work with Good Sports earlier in the year, there is a great culture forming in Glenorchy.

**Photo:** *Glenorchy Football Club players.*

## Tasmanian School Surfing Championships

More than 200 surfers from Year 8-12 met at Clifton Beach on March 25 for the day-long Tasmanian School Surfing Championships. The Championships have been held in Tasmania since the early 1970's.

Surfing Tasmania Executive Officer Shayne Clark, advised the aim of the Championships is to give all students the chance to participate and catch a wave.

"The main goal is to encourage students to compete and hopefully inspire them to improve their ability and progress through to Division 1 level of competition", Shayne said.



Chloe Baker, aged 14, took home second place in the Learner Board-rider competition. "It was such a fun day and I loved watching everyone have a go. It was my first time competing after taking up surfing last year, and I will definitely go again next year if given the opportunity", said Chloe.

Further information about Surfing Tasmania events can be found at the [Surfing Tasmania website](#).

**Photo:** *Tasmanian School Surfing Championships participants.*

## Tasmanian Family Complete Ironman Challenge in New Zealand

Peter, Mathew and Ava Wheatley of Tasmania competed as the first three-generation triathlon combination to ever compete in the gruelling one-day long distance event. The event was held in Taupo, New Zealand.

Ava, having just turned 18, was the youngest person in the field of approximately 2,000 competitors. Ava is the youngest Tasmanian to ever compete in an Ironman event. Beside Ava, were her father Mathew and her grandfather Peter.

The Ironman challenge consists of a 4km swim, a 180km bike ride, followed by a 42.3km run. Mathew and Ava spent about eight months training solidly for the event. Peter was recovering from injury and having previously competed in 30 Ironman events, was relying on muscle memory to get him across the finishing line.

After the swim leg, Ava had completed the fastest time in her age group, however the family had decided that their goal would be to cross the finish line together. Mathew said that exercising has always been a family effort and that completing, rather than competing, was their focus. With the energy from supportive family and community members urging them on, the family finished together and completed the Ironman in a time of 15:41:58.



**Photo:** *Mathew, Ava and Peter Wheatley crossing the finish line in New Zealand.*

## Coach Network Forums - Hobart and Launceston

Communities, Sport and Recreation will host two Coach Network Forums next month, one in Hobart and one in Launceston. Coach Network Forums are offered free of charge and provide an opportunity for coaches at all levels across sport to meet, network and access guest speakers from the sport sector.

The guest speakers for Hobart are Sallyann Briggs and Emma Doherty. Sallyann is head coach of the Hobart Hurricanes and Tasmania Roar cricket teams, and is a former English national team player who coached Loughborough Lightning to the inaugural England Women's Super League final.



Emma plays a significant role in the development of cricket in Tasmania, providing support for players on and off the field.

The Hobart forum will be held on Monday 20 May 2019 at the Ricky Ponting Room, Blundstone Arena from 10.00am-12.00pm.

Tea and coffee will be provided. To register for the Hobart forum, click on the following [link](#).

The guest speakers of the Launceston forum are Alisa Denne and Ilene Carr. Alisa is the Manager of Sports Programs at the Tasmanian Institute of Sport (TIS) and has represented Australia in softball and soccer. Ilene has transitioned from athlete to coach, being a former TIS scholarship holder and is currently the coach of the Talent Development Hockey Squad at the TIS.

The Launceston forum will be held on Wednesday 29 May 2019 at the Northern Tasmania Cricket Ground (NTCA) Launceston from 6.00pm-8.00pm.

Tea/coffee and refreshments will be available. To register for the Launceston forum, click on the following [link](#).

## Member Protection Information Officer Workshop

Member Protection Information Officers (MPIOs) are a proactive way of managing the rights of members in your sport. Having a dedicated person who understands your sport's member protection policy can be a pre-emptive strategy for managing concerns, complaints or member protection matters.

The MPIOs advise club members on their rights and can provide guidance on complaint procedures. Every sport should consider having at least one trained MPIO per region, with larger sports requiring more MPIOs.



There are three steps to becoming a nationally accredited MPIO:

- 1. Complete an online MPIO training course through [Play by the Rules e-learning portal](#);
- 2. Complete a free of charge face to face MPIO workshop run by [Communities, Sport and Recreation](#);
- 3. Register as an MPIO nationally through the [Play by the Rules website](#).

Please note that if you wish to attend the workshop you must complete the compulsory [MPIO online module](#). Please email a copy of your certificate of completion for the MPIO online module to [al.adams@communities.tas.gov.au](mailto:al.adams@communities.tas.gov.au).

Communities, Sport and Recreation will be conducting its next MPIO workshop in Hobart on 9 May 2019 from 5.45pm-9pm at the Doman Athletics Centre, Upper Domain Road, Queens Domain 7000. Please [register online](#). For further information please contact Al Adams from

Communities, Sport and Recreation on 6165 5094 or by email to [al.adams@communities.tas.gov.au](mailto:al.adams@communities.tas.gov.au).

## GOAL! Online Resource for Teachers

North Melbourne Football Club's not-for-profit Huddle program has launched its online program of teaching resources - GOAL! The Tasmanian based program is designed by teachers, for teachers. GOAL! uses real examples of sporting professionals to assist teachers in engaging students in the subjects of Science, Technology, Engineering, Arts and Mathematics.



North Melbourne star and Tasmanian Ben Brown said the program was set to shape the futures of Tasmanian youth.

“I wish I’d had the opportunity to experience this program as a student – the opportunity to hear from sports industry professionals about the relevance of these subjects to their daily career really closes the loop on why school and education are important,” Brown said.

“I’m a really proud Tasmanian and can happily say that my education has been a vital component in my career to date – there’s always more to learn though – it’s always important to have career and life goals.”

Over the next three years the program will be rolled out to 100 primary and secondary schools across Tasmania, in partnership with the Beacon Foundation, Spirit of Tasmania and the City of Hobart. All GOAL! Teaching resources are aligned to the Australian Curriculum and The Department of Education Tasmania’s My Education career education framework.

For more information about GOAL! and to register please visit the [GOAL! website](#).

## Reclink Australia - Respond, Rebuild and Reconnect

Reclink Australia's mission is to Respond, Rebuild and Reconnect and they have certainly been doing this over the past 12 months. For over 25 years they have led a network of member organisations and acted as a facilitator in the support of disadvantaged communities and individuals through their hub and spoke model.

With over 40 member organisations they are actively delivering over 20 sport and recreation programs across the State. This includes a gym program, which provides memberships to The Migrant Resource Centre.





Reclink recently ran a successful sports days at the Rosny Golf Club and the Kingston Tennis Centre, where coaches from both sports gave up their time to assist the participants engage with the sport.

The Reclink Tasmanian Football League begins next month for the 10th year. This series continues to engage young people from geographically disadvantaged communities and gives them the opportunity to play in structured sport.

Reclink plan to continue to grow their programs and are committed to improving the health and self esteem of target population groups who are under-represented in mainstream sport.

For more information visit the [reclink website](#).

**Photo:** *participants at the recent sports day at Kingston Tennis Centre.*

## Disability Sport and Active Recreation Network Forum

The Disability Sport and Active Recreation Network Forums provide a networking and information sharing opportunity for the disability and sport sectors. The focus of the forums is to identify opportunities to increase participation of people with disabilities in sport and active recreation in Tasmania. This year's theme: Every ability active - pathways to participation.

**Who:** Anyone from the disability, sport, education or community sectors.



**When:** Wednesday 22 May 2019, 10.30am-1.15pm.

**Where:** Silverdome, 55 Oakden Road, Prospect.

Light refreshments provided. Please RSVP by 15 May by registering [online with Guestlist](#).

For enquiries please contact Morgan Kent – Project Manager Participation on (03) 6165 5090 or by email to [morgan.kent@communities.tas.gov.au](mailto:morgan.kent@communities.tas.gov.au).

## Clearinghouse for Sport





Clearinghouse is a central information and knowledge sharing platform for sport in Australia. Clearinghouse is a valuable resource for people involved in sport, including players, coaches, teachers, officials and supporters.

The Clearinghouse website is open to all who wish to register as members. Clearinghouse provides a range of educative resources including electronic journals and databases, videos, research, member information sharing networks and more. Once you are a member, Clearinghouse will send you regular information updates via email.

For more information and to become a member please visit the [Clearinghouse for Sport website](#).

## Calls for Expressions of Interest for Leadership in Sport Workshops

[Women Sport Australia \(WSA\)](#) conduct mentoring and leadership programs for women working in all areas of sport. The mentoring program is designed for early to mid-career women in the sporting sector, while the leadership program is designed for women currently working in sport leadership roles. Both involve a one-day workshop.



The mentoring program is \$450 per participant, while the cost of the leadership program will be quoted once the needs of the group are determined, as it is a tailored program.

WSA are interested in running these courses in Tasmania if there is sufficient interest (12-18 participants per workshop). If you would like to participate in either of these programs can you please contact Melanie Sharman at [melanie.sharman@utas.edu.au](mailto:melanie.sharman@utas.edu.au) by COB Friday 26 April, indicating whether it is leadership or mentoring that is of most interest and whether you would prefer to attend the workshop in Devonport, Launceston or Hobart.

For more information about the mentoring program please visit the [WSA website](#). For more information about the leadership program please visit the [WSA website](#).

## Update to the Australian 24 Hour Movement Guidelines

The Australian 24 Hour Movement Guidelines for children and young people 5-17 years have been updated.

The new guidelines differ from the previous guidelines for 5-12 years and 13-17 years as they include a 24-hour guide. The 24 hour movement guidelines include a picture of what a day for a child or young person



should look like, including time for physical activity, limiting sedentary activities, and getting adequate sleep.

For more information and to access the new guidelines please visit the [Department of Health website](#).

## World Games Day at Kangaroo Bay

The Biennial World Games Day will be held from 11am-3pm on Sunday 30 June 2019 at Kangaroo Bay. The day will be a celebration of games, sport, food, music, arts and culture from around the world.



The new venue has lots of room for a great variety of games, activities and sports for people to try. Together with multicultural food and music, the event will be a fun and active way to celebrate unique cultural traditions.

Clarence City Council invites sporting and multicultural community groups to help create this active cultural celebration. There are many different ways to be involved, such as through a sporting activity or traditional game, cultural activities, live music performance, dance performance, or providing a food stall. This is an opportunity to make this year's World Games Day a fabulous celebration of culture, fun and being active.

Would your community or organisation like to be involved in World Games Day 2019? If so, please contact Suzanne Schulz from Clarence City Council at [sschulz@ccc.tas.gov.au](mailto:sschulz@ccc.tas.gov.au) or on 6217 9599.

## Play for Purpose - Sport and Charity Raffle

Sport Australia is supporting Play For Purpose - an innovative fundraising solution, which rewards clubs and supporters alike!

The raffle provides a low-cost, low-fuss funding platform for grassroots sports clubs. Sport Australia encourages sustainability in sports and a fundraising alternative, like this raffle, is important for the sports sector.

The raffle is free to join, and clubs will be given their own dedicated website to sell raffle tickets online. Fifty per cent of each ticket sale will go directly to the grass roots sporting club project. Supporters who buy a ticket will be in the raffle draw to win prizes valued up to \$500,000.



To share this information with clubs, you can download an email template which can be forwarded straight to your database! To access the email template and to find more information about the raffle please visit the [Play for Purpose website](#).

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