



## Message from the Deputy Secretary

Welcome to our October edition of *Actively In Touch!*

It's hard to believe that we are only a couple of months away from 2020. I hope you are all enjoying the predictability unpredictable spring weather and the chance to be outdoors more often as the days lengthen.

In this issue, we look at the countdown to the Special Olympics 2020 Junior National Games, and the selection of Minka Woolley to the 2020 Tokyo, Olympic Games as Umpire Manager. I am sure she will be the first of a number of Tasmanians selected for the Games.

There are also a number of grants and funding programs currently open which I encourage you to look at and apply for if suitable for your organisation's needs.



Kate Kent

Deputy Secretary, (Communities, Sport and Recreation)

## Tasmanian Minka Woolley all set for 2020 Olympics

We join Hockey Tasmania in congratulating Devonport's Minka Woolley on her appointment as Umpire Manager for the hockey tournament at the 2020 Olympics to be held in Tokyo, Japan.

Woolley had a distinguished career as an international umpire which included the 2008 Olympics in Beijing, China. Since her retirement from international umpiring, she has transitioned into one of the game's leading international umpire managers.



Further information regarding hockey can be found on the [Hockey Tasmania website](#).

**Photo:** *Minka Woolley*

## 2020 Special Olympics Junior Games launched

Special Olympics Australia has celebrated the one year countdown to the opening of the 2020 Junior National Games in Launceston by launching the new games logo.

The Special Olympics Australia 2020 Junior National Games will be held from 19-21 October. Young athletes with an intellectual disability aged 8 to 15 years will come together to compete across five sports: athletics, basketball, gymnastics, soccer and swimming.



Corene Strauss, Special Olympics Australia's Chief Executive Officer said the games are unique opportunity for schools, families, friends and communities connected to intellectual disability from around Australia to be welcomed into the world of Special Olympics and share the joy of sports with children.

"Our Games provide children with intellectual disabilities activities and sports that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. We show that all children should be valued for their talents and abilities with children of all abilities taking part and benefiting."

The Games are expected to attract over 500 participants from Australia and the Asia Pacific region.

The new logo was designed by TasTAFE Graphics and Design student and Launceston local, Jesse Gordon who was selected after a public competition attracted eleven creative designs.

**Photo:** *2020 Junior National Games logo*

## Tasmanian Cricket's newest Australian Representatives

Cricketers Justin Nilon and Connor Sheppard from the South Launceston Cricket Club headed to Brisbane in early October to compete in the INAS Games as Australian representatives. The INAS Global Games are the world's biggest sports event for athletes with an intellectual disability. More than 1,000 athletes from all around the globe gather every four years to compete for medals.



Following strong performances in the National Cricket Inclusion Championships in January, both players earned selection in Cricket Australia's ID high performance program. Andy Gower, Head Coach of the Greater Northern Raiders and Pathway Coach with Cricket Tasmania, has been working with the pair, supported by Tasmania's Inclusion Championships coach, Liam Devlin.

"It's been great having the guys involved in our programs. Their enthusiasm is infectious, and they bring great energy to the group," said Gower. "Nothing is too much trouble and they are always keen to learn and improve." Devlin added that "Justin and Connor are both fine young men and they give one hundred percent effort at every training session."

Nilon said that the pair's selection was an amazing story that proved that cricket was a sport for all people. "It also proves ability over disability - yes you've got a disability, but you've also got the ability to do amazing things in your life such as play cricket for Australia."

Cricket equipment company ICON Sports is sponsoring the boys with a full set of playing equipment for use in the International Series.

**Photo:** *Justin Nilon and Connor Sheppard*

## Respect Karting Program Launched

Karting Australia and Affiliated State and Territory associations have vowed to stamp out unacceptable behaviour at karting events with the launch of Karting Australia's "Respect Karting" program. Tasmania's four karting clubs are currently in the process of familiarising themselves with the program and adopting its principal messages.

In launching the program, Karting Australia Chief Executive, Kelvin O'Reilly said "it will define the acceptable standards of behaviour for all participants in our sports so that we create a more rewarding, safe and respectful environment."

Key messages in the program are the sport expects participants to:

- Follow the ideals of sportsmanship;
- Realise the ideals. It is, after all, just a race;
- Show self-control and respect at all times;
- Abide by the rules and accept official's decision;
- Not use foul language, insulting remarks, threats or physical violence;
- Encourage leadership, use their initiative and good judgement;
- Not violate the integrity of the sport.

The initial stage of the program features powerful black and white imagery for display at the clubs that highlight negative and positive behaviours; "Please Remember" fence signage that highlight abusive behaviour will not be tolerated and karting is meant to be fun for everyone; a Respect Karting Pledge; seven different versions of the powerful Respect Karting logo; and an emotional Karters Creed video.

Further information about the Respect Karting initiative can be found at [Karting Australia](http://Karting Australia).

**PLEASE REMEMBER**

**AT THIS CLUB  
WE VALUE DIVERSITY  
AND  
HARASSMENT OR  
DISCRIMINATION  
IS NOT TOLERATED**



## Devonport Gymnastics: Healthy Bodies, Healthy Mind

Devonport Gymnastics is a proud Good Sports club. It has been a part of the program for going on two years now and completed the Healthy Minds mental health accreditation about eighteen months ago.

Leanne Lillico, Club Coordinator praised the program saying Healthy Minds has helped the club to build on this already inclusive culture. And continue providing an environment where member feel safe to talk



about their issues. Senior staff are equipped to support students if they notice anyone having a hard time and they also feel prepared if a student approaches them with a mental health issue.

"The Healthy Minds program has given us knowledge as much as anything. It's opened avenues to talk about mental health. We encourage all members and staff to be open and make it possible for gymnasts to be open about how they're feeling," says Leanne.

It's personal experience that makes Leanne so passionate about the subject. When she experienced mental health issues herself as a young person, she had no idea how to deal with it or even what was going on. Leanne acknowledged that at the time, she could have used the support of her community. But she did not know how to ask for help. "If you start at the top (of the organisation by training) staff, it's a good way to go as they are the ones who deal with club members day to day," says Leanne.

On top of gaining accreditation in Healthy Minds, two members of staff recently completed a Youth Mental Health First Aid Course. The course was covered by the Tasmanian Good Sports grant program which helps Good Sports clubs improve the health of their members by providing access to education, resources and equipment, which can include courses for staff and volunteers.

More information can be found on the [Devonport Gymnastics website](#).

Want to become a Healthy Minds club? Find out more about the program and how to get involved [here](#).

## Tasmanian AFL Player named in Victorian Wheelchair Football League Awards

Tasmanian Joe Chivers has won the Best and Fairest Award from the Hawthorn Football Club (HFC) Wheelchair AFL team. Another Tasmanian, Collingwood player and grand finalist Josh Christian, was selected into the Victorian Wheelchair Football League (VWFL) 2019 Team of the Year.



Hawthorn is one of five AFL teams to receive a Victorian Wheelchair Football League (VWFL) licence. Governed by AFL Victoria, the Victorian Wheelchair Football League exists to provide an organised regular competition for the sport of AFL Wheelchair in Victoria, demonstrating what's possible for the people with a disability and that AFL can be everyone's game.

During the awards ceremony at HFC on the 7 October, Chivers was commended for his massive commitment in flying regularly to Victoria for matches.

When asked why he was so committed, Chivers explained that when a skydiving accident ten years ago left him with a spinal injury he believed that his football career was over. Then the opportunity arose to play Wheelchair Football for Hawthorn, and he grabbed the chance to pull on

the brown and gold jersey. Chivers also revealed that he was secretly a Geelong supporter, but that he had kept this information "pretty quiet" and was very proud to be part of the Hawthorn FC.

Further information regarding HFC's Wheelchair Football League can be found on the [Hawthorn Football Club website](#).

**Photo:** Joe Chivers (6th from the left) from the Hawthorn Football Club VWFL

## 2020 Emerging Community Leaders Program

Applications for the 2020 Emerging Community Leaders program are now open and close on 29 November 2019.



The Tasmanian Community Fund recognises the value of developing leadership skills across the community and is particularly keen to see emerging leaders supported to develop skills that will empower and enable them to help their community prosper.

The Fund has provided a grant to SRA Corporate Change to assist with the implement the Emerging Community Leaders program. The aim of Emerging Community Leaders is to deliver an effective leadership program that benefits participants, and ultimately the Tasmanian community at large.

Emerging Community Leaders brings together the next generation of leaders in Tasmania's community sector, and equips them with the capability to positively contribute as a leader in this sector. The program will focus on leading self, leading others, leading community and leading for lasting impact.

Emerging Community Leaders supports up to 24 participants a year with a focus on increasing governance, finance, leadership, management, communication, and project management. There is an emphasis on experimental learning and being able to apply skills immediately in the form of projects benefitting participants' workplaces and the community.

The program is delivered in a way that develops participants in an engaging, innovative and future focused way. The content, presenters, workshops and activities included in the delivery of this program are practical, creative, unique and deeply engaging. Participants are encouraged to understand that everyone's journey through the program is different, and leadership is innately personal.

More information can be found on the [Tasmanian Community Fund website](#).

## Come and Try Walking Football

Football Tasmania is hosting a come and try Walking Football program.

Sessions are held every Tuesday morning from 10-11am at the Kingborough Sports Centre for those wanting to give it a go.

Walking Football is an off-shoot of football and is primarily aimed at people aged 50 and over. It targets those that either have a lack of mobility or for some other reason are not able to play the traditional game.

Walking Football focuses on avoiding injuries and facilitating the playing of the sport by those who are physically disadvantaged. The sport promotes cardiovascular fitness while producing the least amount of stress on the body.

There are six players per side, a smaller field, no goal keepers, tackling is forbidden, no off-side rule and most importantly, all players must be walking, as defined as 'always having one foot on the ground.' If a player runs, the referee will award possession of the ball to the opposing team.

So come along and join in the fun and try something new.



## Disability Sport and Active Network Forum

Communities, Sport and Recreation hosted a Disability Sport and Active Network Forum on 9 October 2019 at the Professional Learning Institute. Forums are held twice yearly to identify opportunities, share information and develop networks to increase participation of people with a disability in sport and active recreation in Tasmania.

A panel discussion included athlete Joe Chivers and TIS Strength and Conditioning Coach, Annabelle Anderson. Joe shared experiences and insights from the perspective of a high achieving athlete, competing in para ice hockey, wheelchair Aussie Rules, basketball and tennis, para rowing and strong man competitions around Australia and internationally. Annabelle outlined the logistics of training, routines and modifications required for athletes with a disability to compete at a high level. Most importantly, she emphasised the gains in confidence and sense of personal achievement she has seen as athletes with a disability achieve great things and raise the profile of their sport.



The next Disability Sport and Active Network Forum will be held in May 2020 in the north of the state. If you wish to be added to the mailing list for the forum, please contact Morgan Kent, Project Manager - Participation on **(03) 6165 5090** or [Morgan.Kent@communities.tas.gov.au](mailto:Morgan.Kent@communities.tas.gov.au)

**Photos:** *panel members from left Anabelle Anderson (TIS), Morgan Kent (CSR) and Joe Chivers (Athlete)*

## Facility Upgrades for Prince of Wales Bay Recreation Project

Baseball and Football have received a boost to their facilities with upgraded lighting, an extended soccer pitch and fencing of the baseball playing field at Prince of Wales Bay. The upgraded facilities deliver quality playing surfaces and improved visibility and safety for spectators and players.



The project, coordinated by the Glenorchy City Council, is a great demonstration of what can be achieved when sporting clubs, local councils and the Tasmanian Government work together. The project funding of \$635,000 comprised contributions from Glenorchy City Council, Baseball Tasmania, Communities Sport and Recreation and the Community Infrastructure Fund.

The upgraded facility was officially launched on 10 October 2019, with a large and excited attendance of Football and Baseball players.

"The feedback from soccer and baseball players has been very positive," said Alex Woodard, Glenorchy City Council.

## New Round of Community Support Levy grants opens

The 2019-20 round of Community Support Levy grants to support charitable organisations has opened.

The Government is a strong supporter of charitable organisations and the vital role they play in supporting vulnerable Tasmanians and building stronger communities.



There are two categories of grants - Small Equipment Grants of up to \$5000 to purchase equipment and Community Projects Grants of up to \$18,000. Organisations cannot apply for both grants.

Some examples of previously successful grants includes the purchase of stackable chairs for the Rosebery Community House, lightweight hiking tents for the Devonport branch of the Scouts



Associations of Australia and developing a Community Sports Living Program for Special Olympics Tasmania.

Charitable organisations are encouraged to apply. More information on the program can be found on the [Communities Tasmania website](#).

The grant program closes on 29 November 2019.

## Healthy Hobart

Healthy Hobart returns in October. There are **FREE** sessions all happening in Hobart's parks and facilities including Yoga, Sailability, Mountain Bike Riding, Hip Hop Dancing, Kite Flying, Tai Chi and Healthy Kids: Movement to Music Sessions.

Sessions are suitable for all ages and abilities. It's the perfect way to find out what you and your family enjoy and connect with local organisations for **FREE**.



To see the full schedule or register visit the [City of Hobart website](#) or call **6238 2956** for more information.

## Energy Efficient Communities Program

The Energy Communities Program will deliver grants to assist businesses and community organisations to improve energy efficiency practices and technologies and better energy consumption to reduce their power bills.



Funding will support activities to help businesses and community organisations to save energy through;

- equipment upgrades that reduce energy consumption
  - Energy generation and storage projects (for example solar PV panel, batteries and solar hot water) will only be permitted for community organisations,
- investment in energy and emissions monitoring and management systems to better manage energy use,
- completion of energy systems assessments according to the Australian Standard or feasibility studies to investigate energy efficiency opportunities.

### When do Applications open?

- Eligible businesses will be able to apply for grants in early 2020,

- Eligible community organisations will be able to apply for grants from October 2019 for grants to fund generation and storage projects. Applications for grants to fund other equipment upgrades and energy audits will open in early 2020,
- Grants will be made available to eligible applicants on a first come, first served basis.

### **Who can apply for funding?**

Grants will be made available for:

- small businesses,
- businesses that consume large amounts (over 0.05 petajoules) of energy each year,
- community organisations.

If you'd like to know more about the Energy Efficient Communities Program, please email [EECProgram@environment.gov.au](mailto:EECProgram@environment.gov.au)

## **Multicultural Grants Program**

The Multicultural Grants Program was created as an initiative under Tasmania's Population Growth Strategy. The Multicultural Grants Program is aimed at assisting migrants to settle and feel welcome in Tasmania.

The Tasmanian Government has allocated \$100,000 for the 2020 Multicultural Grants Program which is ministered by Communities, Sport and Recreation.

Grants of up to \$20,000 are available to support:

- activities that increase capacity within ethnic communities and multicultural networks to self-manage and engage in community life,
- projects that facilitate access and use of community facilities and increase participation of new migrants in sport, recreation and social clubs within the community,
- projects that build cross-cultural awareness in the community and business sector,
- projects that promote integration of new migrants into communities and build ongoing inter-cultural and inter-faith relations and supports; and
- projects that support the establishment or growth of migrants focused social enterprises, or assist migrants to start their own small business, access employment or improve employability skills.

Grants of up to \$10,000 and other grants of up to \$5,000 are also available.

**Applications close 5pm 8 November 2019.**

For further information and to access the registration forms visit the [Communities, Sport and Recreation website](#).



## Premier's Youth Advisory Council

Young people between the ages of 12-25 living in Tasmania are invited to express an interest in becoming a member of the recently established Premier's Youth Advisory Council.

The Council is an opportunity for young people to meet with the Premier and the Tasmanian Government to raise their concerns and ideas to deliver the best for young Tasmanians.

Applicants should be able to show how passionate they are about Tasmania's future.

The closing date for expression of interest is **5pm, Wednesday 13 November 2019.**

For more information and how to apply, visit the [Youth Advisory Council website.](#)



## E-Bike Expo Hobart

Bicycle network's FREE E-Bike Expo is back in Hobart on Sunday 24 November 2019.

Bicycle Network has been holding an E-Bike Expo in Hobart for several years and it's proved very popular, so don't miss your chance to talk directly to the experts.



The FREE E-Bike Expo is your chance to test ride a variety of electric bikes provided by southern Tasmania's major e-bike sellers, to compare the different styles and find one just right for you.

E-Bikes can help you ride longer distances and get to your destination quicker than normal bikes, without the sweat and hassle of steep hills.

E-Bike prices have tumbled in the past few years, putting them in reach of many more Tasmanians, and they are very cheap to run with most batteries lasting 50-80 km and costing about 10-50 cents to charge.

Running from 10:00am until 2:00pm, the E-Bike Expo will be held at the Hobart Regatta Grounds in McVilly Drive, with sponsorship from the Tasmanian Government's Climate Change Office.

More information can be found on [Bicycle Network Tasmania Facebook page.](#)

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